



WOMEN NAVIGATING FINANCES

Day 2 of Your Find Money Challenge Bonus Find Money Tips & Hacks

1. Split up a large bag of chips or crackers into snack sized zip locks as a portion size reminder & keeps the 'stale police' at a distance.
2. Excess fresh fruit, I pop it into a freezer ziplock bag- smoothies in particular.
3. Crockpot, a.k.a. slow cooker, like chili, or soup, stew, etc.
4. Keep cheeses, milk & eggs INSIDE on a shelf where it retains the cold temperature every time the door opens, and store your drinks, cans & less perishables in the frig door.
5. Freeze 4 slices of bread in ziplock bags; grab as you need.
6. Freeze juices & or soup broth in ice cube trays—just not in the same one-HAH!
7. Boil the oldest eggs as they're easier to peel.
8. Separate your avocados & bananas from each other & other foods...they have weird properties. Dilute juice with cold water; it lasts longer & less sugar.
9. Buy only heavy whipping cream & water it down to serve as milk in any recipe and lasts for like weeks unlike milk.
10. Wrap lettuce in paper towels to keep it crispy and last longer.
11. Wash fruit in vinegar/ water mix for a minute--raspberries and strawberries.
12. Take a family vote on what remaining ingredients to match with others for your Unique Meal Night(s) and have fun CREATING.